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¹H NMR studies on the reductively triggered release of heterocyclic and steroid drugs from 4,7-dioxoindole-3-methyl prodrugs

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Abstract—Hypoxia is a feature of several disease states, including cancer and rheumatoid arthritis. Prodrug systems which, after bioreduction, selectively release active drugs in these tissues may be important in therapy. An improved preparation of 1,2-dimethyl-3-hydroxymethyl-5-methoxyindole-4,7-dione was developed. Mitsunobu coupling with (5-substituted) isoquinolin-1-ones (potent inhibitors of poly(ADP-ribose)polymerase) gave 1-(1,2-dimethyl-4,7-dioxo-5-methoxyindol-3-ylmethoxy)isoquinolines and *N*-(1,2-dimethyl-4,7-dioxo-5-methoxyindol-3-ylmethyl)isoquinolin-1-ones. Similar coupling with the anticancer drug pentamethylmelamine gave its potential prodrug 1,2-dimethyl-3-(*N*-(4,6-bis(dimethylamino)-1,3,5-triazin-2-yl)-*N*-methylaminomethyl)-5-methoxyindole-4,7-dione. Treatment of sodium prednisolone hemisuccinate with 3-chloromethyl-1,2-dimethyl-5-methoxyindole-4,7-dione gave an analogous candidate prodrug of the anti-inflammatory drug prednisolone. In a chemical model system for bioreduction, SnCl₂ in CDCl₃/CD₃OD triggered rapid stoichiometric release of isoquinolin-1-ones from the O-linked prodrugs but not from the N-linked analogues. Use of this system allowed the release process to be monitored in situ by ¹H NMR spectroscopy. Diethyl hydrazine-1,2-dicarboxylate was found to reduce Sn^{IV} to Sn^{II}, making the overall reductive release catalytic in tin. The reduced (hydroquinone) prodrug may have a short lifetime under these reductive conditions, meaning that only good leaving groups are expelled. Thus 1-(1,2-dimethyl-4,7-dioxo-5-methoxyindol-3-ylmethoxy) isoquinolines and analogues may be useful as reductively triggered prodrugs. © 2003 Elsevier Science Ltd. All rights reserved.

1. Introduction

Hypoxia, whether acute or chronic, is a feature of several disease states, including cancer and rheumatoid arthritis.¹⁻⁴ In the hypoxic regions of solid tumours, viable cells are relatively resistant to radiotherapy and to many chemo-therapeutic strategies.^{1,2} We^{5-8} and others⁹⁻¹³ have proposed the concept of prodrug systems in which the pharmacophores of drugs are masked by reductively cleaved groups. Thus, in hypoxic tissue, bioreduction of appropriate functional groups triggers release of active drugs selectively in that tissue. These masking groups have included nitroheterocycles⁵⁻⁸ and indole-4,7-diones (indole-quinones).^{9,10} In particular, Naylor et al.^{10,14} carried out a study on reductively triggered release of a variety of oxygen-based and sulfur-based leaving groups from their (substituted) 4,7-dioxoindole-3-methyl derivatives. Radiolysis was used for the reduction of the guinones in this study; elimination of the leaving groups was found¹⁰ to be predominantly from the two-electron reduction intermediate, the hydroquinone (4,7-dihydroxyindole-3-methyl) derivative. Scheme 1 shows a proposed mechanism for the

release of drugs following reduction of the 4,7-dioxoindole-3-methyl prodrugs 1. When 1 is reduced by two electrons to the dihydroxyindole 2, the electron-density at the indole nitrogen increases markedly, triggering expulsion of the leaving group 3 ('Drug'), in a reverse-Michael-like process. This expulsion generates an alkenyliminium electrophile 4,



Scheme 1. Proposed mechanism of reductively triggered release of drugs from general 4,7-dioxoindole-3-methyl prodrugs **1**.

Keywords: prodrugs; indoledione; ¹H NMR spectrum; isoquinolin-1-one.

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Scheme 2. Investigation of a synthetic route to 1,2-dimethyl-3-(hydroxymethyl)-5-methoxyindole-4,7-dione 11 from the ester 6. *Reagents and conditions*: (i) KH, MeI, DMF, N₂, 0°C; (ii) HNO₃, AcOH, $-10^{\circ}C\rightarrow 20^{\circ}C$; (iii) Sn, aq. HCl, EtOH, reflux.

which is trapped by water (giving the hydroxymethylindole **5**) or by other ambient nucleophiles. In this process, the rate of release of the drug **3** is predicted to depend on its leaving group ability (as reported by the pK_a of its conjugate acid)^{10,14} and on the lifetime of the reduced species **2**.

In our previous paper,⁸ we reported on the successful release of (5-substituted) isoquinolin-1-ones from 1-(5-nitrothien-2-ylmethoxy)isoquinolines upon reductive triggering with a sodium borohydride/palladium/aqueous propan-2-ol system. These 5-substituted isoquinolin-1-ones are potent inhibitors of poly(ADP-ribose) polymerase (PARP),15 an enzyme which is important in the control of repair of DNA and inhibition of which is potentially therapeutic in cancer,¹⁶ inflammation,^{17,18} haemorrhagic shock,¹⁹ stroke²⁰ and HIV infection.²¹ Isoquinolin-1-ones are also released from their 2-(5-nitrofuran-2-ylmethyl)- and 2-(1-methyl-2nitroimidazol-5-ylmethyl)- derivatives^{5,7} by treatment with the same reductant and with zinc/ammonium chloride, respectively. It is notable that all the reductively triggered release studies reported to date have used HPLC, TLC or ex situ NMR analysis of the products to monitor the course of the release process. In this paper, we report the results of a series of biomimetic reductively triggered release studies on 4,7-dioxoindole-3-methyl prodrugs of isoquinolin-1-ones and of an anti-inflammatory steroid, in which the release of the parent drugs is monitored in situ by ¹H NMR spectroscopy.

2. Results

The first aspect of the present work was to develop an efficient synthesis of the indole-4,7-dione trigger unit in a form suitable for attachment to the drug moieties. Synthesis of the initial target, 1,2-dimethyl-3-(hydroxymethyl)-5-methoxyindole-4,7-dione **11** has been reported by Naylor



Scheme 3. An efficient synthetic route to 11 and Mitsunobu couplings giving the isoquinolinone-derived prodrugs 21-24 and the pentamethylmelamine-derived prodrugs 25,26. *Reagents and conditions*: (i) NaH, MeI, DMF, Ar, 60°C; (ii) POCl₃, DMF, reflux; (iii) fuming HNO₃, AcOH, 5°C \rightarrow 20°C; (iv) Sn, aq. HCl, EtOH, reflux; (v) K₂ON(SO₃)₂, NaH₂PO₄, Na₂HPO₄, water, acetone; (vi) NaBH₄, MeOH, Ar, then air; (vii) Ph₃P, EtO₂CNNCO₂Et, THF, Ar.



Scheme 4. Synthesis of 4,7-dioxoindol-3-methyl prodrug 28 of prednisolone. Reagents and conditions: (i) SOCl2; (ii) DMF, reflux.

et al.¹⁰ from ethyl 1,2-dimethyl-4,7-dioxo-5-hydroxyindole-3-carboxylate 6, in which most of the required substituents are in the required locations on the indole. However, several problems were encountered when this sequence was used (Scheme 2). The phenolic hydroxyl of 6 was deprotonated with potassium hydride and methylated with iodomethane in high yield, as expected. Optimisation of the conditions for nitration of 7 led to a maximum yield of 63% of the required 4-nitro isomer 8, which could be separated only by careful chromatography from its 6-nitro regioisomer 9 (14% yield). Reduction of the nitro group of 8 with tin under acidic conditions gave the amine **10**; this aminoindole, bearing an ortho-electron-donating group, was highly unstable as the free base and decomposed rapidly. Thus, although the later steps of Naylor's route¹⁰ to **11** were found to be efficient, the difficult separation of 8 from 9 and the instability of 10 led to low and unreliable overall yields from this sequence.

Much more effective in reliably delivering good overall yields of 11 was a route modified significantly from an earlier published sequence²² (Scheme 3). 5-Methoxy-2methylindole 12 was deprotonated at nitrogen then methylated with iodomethane under moderately forcing conditions to give the intermediate 13. Vilsmeier formylation with the dimethylformamide/phosphorus oxychloride reagent was found to give a higher yield of the 3-carboxaldehyde 14 with an easier work-up than did the N-methylformanilide/phosphorus oxychloride reagent.²² Nitration with fuming nitric acid in acetic acid was now selective for the 4-position and the intermediate 15 was reduced with tin to 16. This aminoindole was much more stable and tractable than the analogous ester 10 and could be isolated and stored satisfactorily. Oxidation with Fremy's salt gave the quinone 17, then reduction of the aldehyde (and, simultaneously, the quinone), followed by air oxidation in situ of the intermediate hydroquinone gave the required 3-hydroxymethylindole quinone 11. As reported previously,²³ Mitsunobu coupling of 11 with the isoquinolin-1-ones 18-20 gave the 1-(4,7-dioxoindolylmethoxy)isoquinolines 21 and 22 and the 2-(4,7-dioxoindolylmethyl)isoquinolin-1-ones 23 and 24. A similar coupling of 11 with pentamethylmelamine 25a, an anticancer drug,²⁴ gave the potential prodrug 26a, in which the 4,7-dioxoindolylmethyl unit is attached to an exocyclic nitrogen, in much higher yield than was obtained for the trideuterio isotopomer 26b.25

Scheme 4 shows the approach to the synthesis of the prodrug **29** for the anti-inflammatory steroid prednisolone. The 3-hydroxymethylindole-4,7-dione 11 was converted to the 3-chloromethyl analogue 27 in high yield with thionyl chloride. This compound did not alkylate any of the three hydroxy groups of prednisolone under a variety of basic conditions, an observation which correlates with the lack of reactivity of this steroid with chloromethylthiophenes.⁸ Prednisolone hemisuccinate 28, the monoester of prednisolone at the primary alcohol with butanedioic acid, is a known prodrug of the therapeutic steroid in its own right,²⁶ being cleaved efficiently to 11 in vivo by esterases. Alkylation of the sodium salt of 28 with the chloromethylindole 27 gave the required candidate prodrug 29. The ¹H NMR spectrum of 29 was somewhat complex. However, it provided confirmation that the dioxoindol-3-ylmethyl group had become attached as an ester at the carboxylate, rather than as an ether at either of the two hydroxyls of 28. The signal for the indole-3-CH₂ protons moved downfield from δ 4.86 to 5.16 in the spectrum of samples in (CD₃)₂SO. In the spectra of samples of **29** in $(CD_3)_2SO$ and in $CDCl_3$, these CH₂ protons resonated as a singlet; in contrast, the spectrum run in CD₃OD showed separate doublet signals for these protons, indicating that they are magnetically inequivalent and demonstrating that the indoledione unit was attached to a chiral molecule.

Several reductant systems have been used in 'biomimetic' studies of the reductively triggered release of drugs and other leaving groups from prodrugs. These include NaBH₄/ Pd in aqueous propan-2-ol,^{5–7} Na₂S₂O₄,¹⁴ Zn/NH₄Cl⁷ and SnCl₂,⁷ in addition to radiolytic reduction.¹⁴ In particular, Naylor and co-workers have used radiolysis and sodium dithionite in their studies on reductively triggered release from indole-4,7-dione derivatives.^{10,22,27} However, all of these studies of release from indolediones and nitroheterocycles have employed either HPLC analysis or ex situ NMR spectroscopy to follow the release profile.

In the present study, $SnCl_2$, which has not previously been used to reduce indolequinones, was used as the reductant; initial experiments used chromatographic methods to report the outcomes of the reductions. Treatment of the potential prodrug **21** with $SnCl_2$ in dilute solution in methanol (Method A) gave a major fully resolved peak in the HPLC chromatogram (Fig. 1) with a retention time (Rt) 4.9 min,



Figure 1. HPLC chromatogram of the reaction mixture after treatment of prodrug 21 with $SnCl_2$ (Method A). The main trace shows the reaction mixture and the inset shows the control peak corresponding to authentic 21 without addition of $SnCl_2$. The major product peak at Rt=4.9 min corresponds to 18.

after 10 min reaction time, and **21** (Rt=6.0 min) had been completely consumed. This product peak corresponded to the released isoquinolin-1-one **18**. Under the same HPLC conditions, the 3-hydroxymethylindole-4,7-dione **11** gave a peak at Rt=4.6 min.

Having established for the first time in this preliminary experiment that tin(II) chloride is capable of reducing the indole-4,7-dione unit in **21** and hence triggering rapid release of **18**, a series of experiments was devised to study this release in situ by ¹H NMR spectroscopy. Owing to its

limited solubility in methanol, a solution of 21 in CDCl₃ was prepared and SnCl₂ was added in portions as a solution in CDCl₃. ¹H NMR spectra were recorded after each addition. These spectra showed conversion of the prodrug 21 to the isoquinolin-1-one 18 and material which had signals very similar to 3-hydroxymethylindole-4,7-dione 11. The spectra run after addition of less than 1 equiv. of the reductant showed mixtures of 21,18 and this material with integral ratios corresponding to the amount of tin(II) added. Figure 2 shows three spectra from this experiment, corresponding to the original sample of 21, the sample after addition of 0.5 equiv. of SnCl₂ and that after addition of 1 equiv. of the reductant. Upon reduction, the signals for the isoquinoline 3-H and 4-H were changed most markedly, with upfield shifts of 1.1 and 0.8 ppm, respectively. A smaller upfield shift was seen for 5-H (0.3 ppm) whereas the signals for 6-H, 7-H and 8-H were moved by less than 0.1 ppm. The greater effect in the heterocyclic ring probably reflects the change from the 'alkoxypyridine' structure in the prodrug 21 to the bioactive carbonyl 'pyridinone' tautomer in 18. The signal for the methylene group at position-3 of the indole ring, which was also the linking point between the two subunits of **21**, shifted from δ 5.7 to 4.4, corresponding to 4,7-dioxoindole-3-CH₂OH(D) or 4,7-dioxoindole-3-CH₂O alkyl and giving further evidence that release of the drug moiety 18 had occurred. The signals for the ring protons of the indole unit formed indicated clearly that it was a quinone, with 6-H at δ 5.4, rather than a 4,7-dihydroxyindole.



Figure 2. ¹H NMR spectra of samples of **21** treated with SnCl₂ in CDCl₃/CD₃OD, showing stoichiometric and quantitative release of **18**, by Method B. The top spectrum shows **21** in CDCl₃ before addition of SnCl₂, the upper middle trace shows the spectrum after addition of 0.1 equiv. SnCl₂ in CD₃OD and illustrates the effect of the solvent on the chemical shift, the lower middle trace shows the spectrum after addition of 0.5 equiv. SnCl₂ and the bottom trace shows the spectrum after addition of 1.0 equiv. SnCl₂. The peak at δ 7.3 corresponds to CHCl₃, the peak at δ 4.3 corresponds to CD₃OH and the peak at δ 3.3 corresponds to CD₂HOD.



Figure 3. ¹H NMR spectra of samples of **22** treated with SnCl₂ in CDCl₃/CD₃OD, showing stoichiometric and quantitative release of **19**, by Method B. The upper spectrum shows **22** in the solvent mixture before addition of SnCl₂ and the lower trace shows the spectrum after addition of 1.0 equiv. SnCl₂. The peak at δ 7.3 corresponds to CHCl₃ and that at δ 3.3 corresponds to CD₂HOD.

At this point, two control experiments were conducted. First, since the chemical shifts of the protons in the mixture of 11 and 18 produced by the treatment of 21 with SnCl₂ did not exactly match those of authentic samples in CDCl₃, the spectra were recorded of individual samples of 11 and 18 in a mixture of CDCl₃ and CD₃OD of composition corresponding to the solvent mixture after addition of 1 equiv. of reductant in CD₃OD in the reductively triggered release experiment. The chemical shifts now corresponded exactly, indicating that the previous small discrepancies had been due to solvent polarity and dipole effects. Second, it may be postulated that Sn2+, being a Lewis acid, may have catalysed the cleavage of the carbon-oxygen bond by nucleophilic attack of chloride, water or methanol at the methylene, rather than the desired quinone reduction triggering the release of the drug moiety. As a control, a similar NMR-monitored experiment was then carried out using SnCl₄, which is a stronger Lewis acid but exhibits no reductive properties. No release of 18 was observed, demonstrating that the release by SnCl₂ is, indeed, reductively triggered.

Thus the reductively triggered release from the indolequinone prodrug **21** occurs with 1:1 stoichiometry, implying that a two-electron reduction is required for expulsion of the leaving group under these conditions. No paramagnetic effects were seen in any of the NMR spectra.

In stark contrast with the above strictly stoichiometric reductively triggered release from **21** with tin(II), an analogous NMR experiment in which **21** was treated with SnCl₂ in the presence of ca. 3 equiv. of diethyl hydrazine-1,2-dicarboxylate showed complete release of **18** after the addition of only 0.1 equiv. of the tin reagent. Repetition of the experiment with other ratios of SnCl₂ to **21** (0.2–1.0) gave similar NMR evidence of complete releation. In a control experiment, no reaction was observed in the absence of SnCl₂. Thus, in these experiments, the process is apparently catalytic in tin.

with SnCl₂ in a mixture of CDCl₃ and CD₃OD. The ¹H NMR spectra (Fig. 3) of the reaction mixture after additions of the reductant corresponded to mixtures of the starting material **22**, 5-iodoisoquinolin-1-one **19** and the material which had signals very similar to those of **11**. Again, the reduction showed 1:1 (**22**: Sn(II)) stoichiometry. No reductive deiodination took place, in that no signals corresponding to **18** were observed, in contrast with the reductive debromination which takes place during treatment of 5-bromo-2-(1-methyl-2-nitroimidazol-5-ylmethyl)iso-quinolin-1-one with an alternative 'biomimetic' reductant system, NaBH₄/Pd/aqueous propan-2-ol.⁷

Application of the SnCl₂/CDCl₃/CD₃OD reductant system to the N-linked dioxoindol-3-ylmethyl isoquinolin-1-one candidate prodrugs **23** and **24** gave a markedly different outcome. No changes in the ¹H NMR spectra were seen after addition of 1 equiv. of SnCl₂, indicating that release of **19** and **20**, respectively, does not occur. More forcing reaction conditions (5 equiv. of SnCl₂ and 24 h reaction time; Method C) also gave no release of the isoquinolinones, as shown by the NMR spectra.

Treatment of the potential prodrug 26a of pentamethylmelamine with SnCl₂ by Method B gave mixed results. The ¹H NMR spectrum obtained after addition of SnCl₂ in CD₃OD comprised only broad peaks. Addition of deuterium oxide caused the spectrum to sharpen enough to allow the identification of individual peaks, by breaking up tin complexes and allowing extraction of the tin salts to the upper aqueous phase. The spectrum of the lower (largely CDCl₃ and CD₃OD) phase now showed the presence of unreacted 26a but also contained signals corresponding to free pentamethylmelamine 26a and to the 4,7-dioxoindole-3-CH₂OR derivative observed in the release experiments on 21 and 22, above. However, the spectrum was of too poor resolution to allow quantification of the species present. Reduction of the trideuterio analogue 26b gave similar results.

The 5-iodo analogue 22 gave similar results when treated

Subjection of the indoledione-prednisolone potential



Scheme 5. Proposed mechanism of release of drugs from prodrugs 21-24, 26 and 29, reductively triggered by stoichiometric SnCl₂ in a solvent mixture of CDCl₃ and CD₃OD, and illustration of the natures of the respective leaving groups.

prodrug 29 (containing the succinate linker) to the same conditions (Method B) gave spectra in which the chemical shifts were not changed upon addition of the SnCl₂. Whereas little change in the chemical shifts of most of the protons in the indole and steroid units would be expected, cleavage of the CH₂-O linkage should change the chemical shift of the indole-3-CH₂ protons and change their multiplicity, since this methylene is no longer in a chiral molecule once cleavage has taken place (note that CD₃OD was the solvent required for this magnetic inequivalence of the CH₂ protons to be evident). A similar lack of reductively triggered release was observed when an alternative reductant, Na₂S₂O₄ (a reductant previously used for triggering reductive release from 4,7-dioxoindole-based prodrugs¹⁴), was used (Method D). Interestingly, hydrolysis/methanolysis of the esters in the linker butanedioate unit was also not observed under both sets of conditions, in contrast to the effects of the SnCl₂/MeOH system on the analogous nitrothiophene-based candidate prodrug for prednisolone ((5-nitrothien-2-yl)methyl prednisolone-21-yl butanedioate).

3. Discussion

Schemes 5 and 6 show the rationalisation and proposed mechanisms underlying these results. In the first experiments, the tin(II) reduces the substrates 21-24, 26a, b or 29 (Scheme 5) to the corresponding dihydroxyindole 30. This can have two possible fates: if the expulsion of the drug-based anion $^{-}R^{1}$ is rapid, it will leave to give the intermediate 31 and $^{-}R^{1}$; if not, intermediate 30 may have sufficient lifetime to be re-oxidised by atmospheric oxygen back to the candidate indole-4,7-dione prodrug. Prodrugs 21 and 22 lead to the isoquinoline-1-alkoxide anions 33 and 34,

whereas the release of isoquinolin-1-ones from N-linked candidate prodrugs 23 and 24 would need the corresponding nitrogen-centred isoquinolin-1-one anions to act as leaving groups. However, the isoquinoline-1-alkoxides and nitrogen-centred isoquinolin-1-one anions are only resonance forms of one another and must therefore, be of the same energy. Hence, the difference in the fate of the two types of reduced prodrug cannot have a thermodynamic explanation but must be kinetic; the precise origin of the difference in outcome remains unclear. The indole moiety forms the electrophilic intermediate 4, which is trapped by an ambient nucleophile. In this case, the ambient nucleophile will either be adventitious D₂O or, more likely, CD₃OD, leading to 4,7-dihydroxyindole intermediate 31. This, in turn, is oxidised by air to the corresponding indole 4,7-dione 32. Thus the indole co-product observed in the ¹H NMR experiments is likely to be 1,2-dimethyl-5-methoxy-3-(trideuteriomethoxymethyl)indole-4,7-dione.

Thus the ability of the O-linked prodrugs 21 and 22 to release isoquinolin-1-ones upon reductive triggering, whereas the N-linked analogues 23 and 24 do not under these conditions, can be rationalised. Comparison with the fates of nitroheterocycle-based prodrugs of isoquinolin-1ones can be made. Reduction of the O-linked prodrugs 1-(5-nitrothien-2-ylmethoxy)isoquinoline, 5-iodo-1-(5nitrothien-2-ylmethoxy)isoquinoline and 5-bromo-1-(5nitrothien-2-ylmethoxy)isoquinoline with NaBH₄/Pd triggers rapid release of the corresponding isoquinolin-1-ones.⁸ However, selective reduction of the nitro groups of the N-linked prodrugs N-(5-nitrofuran-2-ylmethyl)isoquinolin-1-one and 5-bromo-N-(1-methyl-2-nitroimidazol-5-ylmethyl)isoquinolin-1-one also leads⁸ to release of the corresponding isoquinolin-1-ones. This latter observation can be rationalised in that the reduction of the nitro group to



Scheme 6. Proposed mechanism of release of 18 from prodrug 21 in a process which is apparently catalytic in SnCl₂, in which 39 is the stoichiometric reductant.

an amine or a hydroxylamine is effectively irreversible. Thus the reduced intermediates have a long lifetime and even poor leaving groups can be released. This is particularly evident in the case of 5-nitrofuran-2-ylmethyl ethers which release even unstabilised alkoxides (notably poor leaving groups) upon reductive triggering.⁶

The apparently catalytic role of tin in the reductively triggered release of 18 from 21 in the presence of excess diethyl hydrazine-1,2-dicarboxylate 39 is rationalised as shown in Scheme 6. In this process, the tin(II) reduces the prodrug **21** to the dihydroxyindol-3-ylmethoxyisoquinoline 38, as before. This fragments in the usual way, giving the isoquinolin-1-one 18 and the electrophilic intermediate 4 which captures (deuterated) water or methanol to give 31, which is in turn autooxidised to give the observed 4,7-dioxoindole co-product 32. The tin(IV) produced is reduced by 39 back to Sn(II) which is then available for another catalytic cycle; diethyl azodicarboxylate 40 is the product of the oxidation of 39. Tin(IV) has not previously been reported to oxidise hydrazine-1,2-dicarboxylates but this oxidation has been carried out with the analogous lead(IV).29

4. Conclusions

Several conclusions can be drawn from this study. First, SnCl₂ is a good reductant for biomimetic reduction of indole–quinone prodrugs in chemical model systems. It can also be used catalytically in the presence of a coreductant, a hydrazine-1,2-dicarboxylate ester. Second, this reductant can be used in a chloroform/methanol solvent system, which dissolves many candidate prodrugs and enables the progress of the reductively triggered release of drugs from the prodrugs to be studied in situ by NMR. Third, the dependence of the outcome on the kinetics of release is confirmed. This system is a much more rigorous test of reductively triggered indolequinone-based prodrugs than are the radiolysis and sodium dithionite systems in which a large excess of reductant is present, effectively prolonging the lifetime of the reduced intermediate and allowing weaker leaving groups to leave. Finally, the O-linked prodrugs **21** and **22** are shown to undergo very rapid and quantitative release of the therapeutically useful PARP inhibitory isoquinolin-1-ones, triggered by reduction. Further work in our laboratory will seek to exploit and adapt this finding to other pharmacologically active agents.

5. Experimental

5.1. General

NMR spectra were recorded using CDCl₃ as solvent, except where noted. Melting points were determined using a Reichert-Jung Thermo Galen Koffler block and are uncorrected. Infra-red spectra were recorded as KBr discs. Mass spectra were obtained in the FAB positive ionisation mode. Experiments were conducted at room temperature, unless otherwise stated. Solutions in organic solvents were dried with MgSO₄. Solvents were evaporated under reduced pressure. The stationary phase for flash column chromatography was silica gel. HPLC was performed using a semipreparative column Kromasil 10C18, a Jasco PU-986 preparative pump and Jasco UV-975 detector. MeOH was used as the eluant, with a flow rate of 5.0 mL min^{-1} , the injection volume was 20 µL. 1.2-Dimethyl-3-(isoquinolin-1-yloxymethyl)indole-4,7-dione **21**,²³ 1,2-dimethyl-3-(5iodoisoquinolin-1-yloxymethyl)indole-4,7-dione 22,23 1,2dimethyl-3-(5-iodo-1-oxoisoquinolin-2-ylmethyl)-5-methoxyindole-4,7-dione 23,²³ 1,2-dimethyl-3-(5-bromo-1-oxoisoquinolin-2-ylmethyl)-5-methoxyindole-4,7-dione 24²³ and 1,2-dimethyl-3-(N-(4,6-bis(dimethylamino)-1,3,5-triazin-2-yl)-N-trideuteriomethylaminomethyl)-5-methoxyindole-4,7-dione $26b^{25}$ were prepared as previously described by us.

5.1.1. Ethyl 1,2-dimethyl-5-methoxyindole-3-carboxylate 7. Ethyl 5-hydroxy-2-methylindole-3-carboxylate 6 (6.0 g, 27 mmol) in dry DMF (50 mL) was added under N_2 to a stirred suspension of KH (3.3 g, 82 mmol) in dry DMF (200 mL) at 0°C. The mixture was stirred for 45 min. Iodomethane (11.7 g, 82 mmol) was added dropwise at 0°C and the mixture was warmed to 20°C during 4 h. Saturated aq. NH₄Cl was added and the mixture was extracted thrice with EtOAc. The combined extracts were washed with water. Drying, evaporation and chromatography (EtOAc) gave 7 (5.4 g, 81%) as a white solid: mp 119–120°C (lit.¹⁰ mp 119–121°C); NMR $\delta_{\rm H}$ 1.45 (3H, t, J=7.1 Hz, CH₂CH₃), 2.74 (3H, s, 2-Me), 3.66 (3H, s, NMe), 3.88 (3H, s, OMe), 4.39 (2H, q, J=7.1 Hz, CH₂), 6.87 (1H, dd, J=8.8, 2.5 Hz, 6-H), 7.17 (1H, d, J=8.8 Hz, 7-H), 7.66 (1H, d, J=2.5 Hz, 4-H).

5.1.2. Ethyl 1,2-dimethyl-5-methoxy-4-nitroindole-3carboxylate 8 and ethyl 1,2-dimethyl-5-methoxy-6nitroindole-3-carboxylate 9. Conc. HNO3 (11 mL) in AcOH (41 mL) was added to 7 (5.1 g, 21 mmol) in AcOH (80 mL) at -10° C. The mixture was stirred for 2 h, while warming to 20°C. The suspension was poured onto ice/water and, after 15 min, the solid was collected by filtration and dried. Chromatography (EtOAc/hexane 1:1) yielded 9 (800 mg, 14%) as a pale yellow solid: mp 138-139°C (lit.²⁸ mp 139–141°C); NMR $\delta_{\rm H}$ 1.46 (3H, t, J=7.0 Hz, CH₂CH₃), 2.79 (3H, s, 2-Me), 3.73 (3H, s, NMe), 4.02 (3H, s, OMe), 4.40 (2H, q, J=7.0 Hz, CH₂), 7.79 (1H, s, 4-H), 7.96 (1H, s, 7-H). Further elution gave 8 (3.8 g, 63%) as a pale yellow solid: mp 187-188°C (lit.¹⁰ mp 189-192°C); NMR $\delta_{\rm H}$ 1.36 (3H, t, J=7.1 Hz, CH₂CH₃), 2.67 (3H, s, 2-Me), 3.66 (3H, s, NMe), 3.91 (3H, s, OMe), 4.29 (2H, q, J=7.1 Hz, CH₂), 6.93 (1H, d, J=9.1 Hz, 6-H), 7.30 (1H, d, J=9.1 Hz, 7-H).

5.1.3. Ethyl 4-amino-1,2-dimethyl-5-methoxyindole-3carboxylate 10. Compound **8** (2.18 g, 7.5 mmol) was stirred under reflux with Sn powder (4.0 g, 34 mmol) in EtOH (190 mL) and aq. HCl (9 M, 10 mL) for 30 min. The cooled solution was decanted off and was neutralised with aq. NaHCO₃. The suspension was added to an equal volume of water, was stirred overnight with CH₂Cl₂ (200 mL) and was filtered (Celite[®]). The organic layer was dried. Evaporation and chromatography (EtOAc) yielded **10** (1.56 g, 80%) as pale yellow crystals: mp 96–97°C (lit.¹⁰ mp 96–98°C); NMR $\delta_{\rm H}$ 1.41 (3H, t, *J*=7.0 Hz, CH₂CH₃), 2.64 (3H, s, 2-Me), 3.58 (3H, s, NMe), 3.87 (3H, s, OMe), 4.36 (2H, q, *J*=7.0 Hz, CH₂), 5.68 (2H, br s, NH₂), 6.52 (1H, d, *J*=8.7 Hz, 6-H), 6.88 (1H, d, *J*=8.7 Hz, 7-H).

5.1.4. 1,2-Dimethyl-3-(hydroxymethyl)-5-methoxyindole-4,7-dione 11. NaBH₄ (160 mg, 4.3 mmol) was added to a suspension of **17** (100 mg, 0.43 mmol) in dry MeOH (40 mL, degassed) under Ar. The mixture was stirred for 1 h and aerated prior to the addition of water (20 mL). The mixture was extracted thrice with CH₂Cl₂. Drying, evaporation, chromatography (EtOAc) and recrystallisation (EtOAc) afforded **11** (50 mg, 33%) as an orange-red solid: mp 200–201°C (lit.³⁰ mp 199–200°C); NMR $\delta_{\rm H}$ 2.21 (3H, s, 2-Me), 3.81 (3H, s, NMe), 3.88 (3H, s, OMe), 3.87 (1H, t, *J*=6.7 Hz, OH), 4.59 (2H, d, *J*=7.0 Hz, CH₂OH), 5.60 (1H, s, 6-H). **5.1.5. 1,2-Dimethyl-5-methoxyindole 13.** 2-Methyl-5methoxyindole **12** (100 mg, 620 µmol) was added slowly to a stirred suspension of NaH (27 mg, 60% in oil, 680 µmol) in dry DMF (15 mL) under Ar. The suspension was heated at 45°C for 10 min and cooled to 20°C. Iodomethane (750 mg, 5.3 mmol) was added during 5 min. The mixture was heated at 60°C for 1 h and poured onto cold aq. NaHSO₄ (10%). The mixture was extracted thrice with EtOAc. Drying, evaporation and chromatography (EtOAc/ hexane 3:97) gave **13** (90 mg, 80%) as a pale buff solid: mp 70–73°C (lit.²² mp 73–74°C); NMR $\delta_{\rm H}$ 2.37 (3H, s, 2-Me), 3.59 (3H, s, NMe), 3.82 (3H, s, OMe), 6.16 (1H, s, 3-H), 6.73 (1H, dd, *J*=2.4, 8.8 Hz, 6-H), 6.93 (1H, d, *J*= 2.4 Hz, 4-H), 7.06 (1H, d, *J*=8.8 Hz, 7-H).

5.1.6. 1,2-Dimethyl-5-methoxyindole-3-carboxaldehyde 14. POCl₃ (169 mg, 1.1 mmol) was added dropwise to dry DMF (80 mg, 1.1 mmol) and **13** (100 mg, 570 μ mol) in CH₂Cl₂ (3 mL) and the mixture was heated under reflux for 2 h. Aq. NaOAc (1.0 M, 10 mL) was added and the mixture was stirred for 2.5 h before being extracted with EtOAc. Drying, evaporation and chromatography (EtOAc/hexane 1:1) gave **14** (50 mg, 43%) as an off-white solid: mp 115– 117°C (lit.²² mp 108–110°C); NMR $\delta_{\rm H}$ 2.62 (3H, s, 2-Me), 3.63 (3H, s, NMe), 3.89 (3H, s, OMe), 6.16 (1H, s, 3-H), 6.89 (1H, dd, *J*=2.3, 8.9 Hz, 6-H), 7.17 (1H, d, *J*=8.9 Hz, 7-H), 7.80 (1H, d, *J*=2.3 Hz, 4-H), 10.10 (1H, s, CHO).

5.1.7. 1,2-Dimethyl-5-methoxy-4-nitroindole-3-carboxaldehyde 15. Fuming HNO₃ (90%, 2.0 mL) in AcOH (8.2 mL) was added to **14** (700 mg, 3.4 mmol) in AcOH (55 mL) at 5°C during 5 min. The temperature was allowed to rise to 20°C during 3 h, the mixture was poured onto ice and the precipitate was collected by filtration. Chromatography (EtOAc/hexane 2:1) gave **15** (430 mg, 60%) as a pale yellow solid: mp 235–237°C (lit.²² mp 236–238°C); NMR $\delta_{\rm H}$ ((CD₃)₂SO) 2.71 (3H, s, 2-Me), 3.76 (3H, s, NMe), 3.89 (3H, s, OMe), 7.25 (1H, d, *J*=9.0 Hz, 6-H), 7.75 (1H, d, *J*=9.0 Hz, 7-H), 9.90 (1H, s, CHO).

5.1.8. 4-Amino-1,2-dimethyl-5-methoxyindole-3-carbox-aldehyde 16. Compound **15** (150 mg, 0.60 mmol) was heated under reflux with Sn powder (350 mg, 2.9 mmol) in EtOH (15 mL) and aq. HCl (3.0 M, 5 mL) for 1 h. The solution was neutralised with aq. NaHCO₃ and was extracted thrice with CHCl₃. Drying, evaporation and chromatography (EtOAc/hexane 1:1) gave **16** (100 mg, 62%) as a pale yellow solid: mp 155–157°C (lit.²² mp 152–153°C); NMR $\delta_{\rm H}$ ((CD₃)₂SO) 2.61 (3H, s, 2-CH₃), 3.59 (3H, s, NCH₃), 3.75 (3H, s, OCH₃), 6.0 (2H, s, NH₂), 6.56 (1H, d, *J*=9.0 Hz, 7-H), 6.85 (1H, d, *J*=9.0 Hz, 6-H), 9.71 (1H, s, CHO).

5.1.9. 1,2-Dimethyl-3-formyl-5-methoxyindole-4,7-dione 17. Potassium nitrosodisulfonate (920 mg, 3.4 mmol) in aq. NaH₂PO₄/Na₂HPO₄ buffer (30.5 mL, 0.3 M, pH 6.0) was added to **16** (150 mg, 680 µmol) in acetone (30.5 mL) and the mixture was stirred for 1 h. The acetone was evaporated. The precipitate was washed with water and cold MeOH and dried to give **17** (120 mg, 75%) as an orange solid: mp 240–242°C (lit.³⁰ mp 246–247°C); NMR ((CD₃)₂SO) $\delta_{\rm H}$ 2.50 (3H, s, 2-Me), 3.82 (3H, s, NMe), 3.88 (3H, s, OMe), 5.89 (1H, s, 6-H), 10.37 (1H, s, CHO).

5.1.10. 1,2-Dimethyl-3-(N-(4,6-bis(dimethylamino)-1,3,5triazin-2-yl)-N-methylaminomethyl)-5-methoxyindole-4,7-dione 26a. Diethyl azodicarboxylate (52 mg, 300 µmol) was added dropwise to 2,4-bis(dimethylamino)-6-methylamino-1,3,5-triazine $25a^{24}$ (59 mg, 300 μ mol) and Ph₃P (79 mg, 300 µmol) in dry THF (15 mL) under dry Ar. The mixture was stirred for 15 min. Compound 11 (71 mg, 300 µmol) was added and the mixture was stirred for 16 h. Evaporation and chromatography (EtOAc) afforded **26a** (49 mg, 40%) as an orange glass: IR $\nu_{\rm max}$ 1680, 1690, 1470 cm⁻¹; NMR $\delta_{\rm H}$ 2.21 (3H, s, indole 2-Me), 2.94 (3H, s, melamine NMe), 3.11 (12H, s, 2×NMe₂), 3.81 (3H, s, indole 1-Me), 3.88 (3H, s, OMe), 5.12 (2H, m, CH₂), 5.61 (1H, s, indole 6-H); $\delta_{\rm C}$ 9.9, 29.8, 32.8, 35.9, 39.6, 56.4, 106.6, 120.3, 122.5, 137.8, 159.4, 165.2, 178.6; MS *m*/*z* 414.2253 (M+H) (C₂₀H₂₇N₇O₃ requires 414.2256).

5.1.11. 3-(Chloromethyl)-1,2-dimethyl-5-methoxyindole-4,7-dione 27. Compound **11** (500 mg, 2.4 mmol) was stirred with SOCl₂ (5 mL) for 30 min. Evaporation and recrystallisation (EtOAc) gave **27** (420 mg, 79%) as an orange solid: mp 203–204°C (lit.¹⁰ mp 204–205°C); NMR $\delta_{\rm H}$ 2.28 (3H, s, 2-Me), 3.80 (3H, s, NMe), 3.89 (3H, s, OMe), 4.86 (2H, s, CH₂), 5.62 (1H, s, 6-H).

5.1.12. (1,2-Dimethyl-4,7-dioxo-5-methoxyindol-3-yl)methyl prednisolone-21-yl butanedioate 29. Prednisolone-21-hemisuccinate sodium salt 28 (380 mg, 790 µmol) was heated under reflux with 27 (200 mg, 790 µmol) in DMF (50 mL) for 24 h. Evaporation and chromatography (EtOAc/CH₂Cl₂ 4:1) gave 29 (210 mg, 40%) as a bright orange glass: IR ν_{max} 3450, 1730, 1650 cm⁻¹; NMR $((CD_3)_2SO) \delta_H 0.76 (3H, s, prednisolone 18-H_3), 1.05$ (1H, m, prednisolone 14-H), 1.13 (1H, m, prednisolone 8-H), 1.38 (3H, s, prednisolone 19-H₃), 1.45 (2H, m, prednisolone 7-H₂), 1.75 (2H, m, prednisolone 12-H₂), 2.05 (1H, m, prednisolone 9-H), 2.15 (2H, m, prednisolone 15-H₂), 2.24 (3H, s, indole 2-Me), 2.40 (2H, m, prednisolone 16-H₂), 3.65 (2H, m, prednisolone 6-H₂), 3.85 (3H, s, indole 1-Me), 3.98 (3H, s, OMe), 4.27 (1H, s, prednisolone 11-H), 4.71 (1H, d, J=17.5 Hz, prednisolone 21-H), 5.04 (1H, d, J=17.5 Hz, prednisolone 21-H), 5.16 (2H, s, indole-CH₂), 5.92 (1H, s, prednisolone 4-H), 5.77 (1H, s, indole 6-H), 6.17 (1H, d, J=10.6 Hz, prednisolone 1-H), 7.32 (1H, d, J=10.5 Hz, prednisolone 2-H); $\delta_{\rm C}$ 9.9, 17.7, 21.4, 24.3, 29.4, 31.0, 32.5, 34.0, 34.6, 39.8, 44.6, 48.0, 51.7, 55.8, 56.7, 57.3, 68.5, 70.3, 89.9, 106.8, 115.7, 121.8, 122.3, 127.7, 129.3, 138.2, 157.1, 159.7, 170.9, 172.0, 178.0, 186.1, 204.9; MS m/z 678 (M+H). An HRMS determination could not be made owing to the extremely low abundance of the M+H ion.

5.2. Release studies

Method A. $SnCl_2$ (0.5 mg) was added to **21** (0.5 mg) in MeOH (2.0 mL). The mixture was stirred at 20°C. Aliquots (0.1 mL) were removed at regular time points and analysed by HPLC.

Method B. Compounds 21-26 and 29 (10 mg) were dissolved in CDCl₃ (0.6 mL) and transferred to an NMR tube. The ¹H NMR spectrum of each sample was recorded.

 $SnCl_2$ (10% in CD_3OD) was added in portions of 10 mol%. A ¹H NMR spectrum was run after each addition.

Method C. Compound **24** (10 mg) was dissolved in CDCl₃ (0.6 mL) and transferred to an NMR tube and the ¹H NMR spectrum was recorded. SnCl₂ (5.0 equiv., 10% in CD₃OD) was added and a ¹H NMR spectrum was run. A further ¹H NMR spectrum was recorded after the homogeneous mixture had been allowed to stand for 24 h.

Method D. Compound **29** (10 mg) was dissolved in $CDCl_3$ (0.6 mL) and transferred to an NMR tube. The ¹H NMR spectrum of each sample was recorded. Na₂S₂O₄ (10% in CD₃OD) was added in portions of 10 mol%. A ¹H NMR spectrum was run after each addition.

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